

HUBBARD COMMUNICATIONS OFFICE  
1812 19th St., N.W.  
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FORMULA 10

This is the first practical approach I have developed toward reaching the state of O.T.

Up to and including Step 7 gives us a Theta Clear. Steps 8, 9, 10 and 11 give us the finishing touches for O.T.

This formula gives two states, then, depending on where it is used.

The full data background of all this is given in the HPA/BScn Course tapes of Spring 1959 and the 6th London MCC tapes (which also give the way to do this very broadly):

FORMULA 10 - AN APPROACH TO O.T.

- 1) Do case assessment. Selected person overt-withhold straight wire (this life) (flatten).
- 2) Recall (or think of) something you have been responsible for. (Flatten)
- 3) Recall (or think of) something you have confronted. (Flatten)
- 4) Recall (or think of) something you have been responsible for. (Flatten)
- 5) Do case assessment. Run "From where could you communicate to a (general terminal)"  
Note: Run any terminals that react.
- 6) From where could you communicate to a body.
- 7) Locate and run engrams by "From where could you communicate to (A) (generalized form of terminal found in engram) run all terminals found. (B) Run until Rock incident is run (run as general terminal).
- 8) Reassess case for ANY terminal that has ANY reaction and run "From where could you continue to communicate to a (generalized form of terminal). Run No. 8 until there are none that react.
- 9) "From where could you continue to communicate to a body". (Flatten)
- 10) "From where could you communicate to a mind".
- 11) "From where could you continue to communicate to a mind".

L. RON HUBBARD

NOTE: This may be used in HGCs when tapes have been studied by auditors.

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ADD FORMULA 10

These two processes are added to Formula 10 and just after running engrams.

Process S2

"From where could you communicate to a victim?"

Process S22

"Think of a place from which you could communicate to a victim."

Optimum use on low cases is obtained running S22 fully muzzled.

(NOTE: This is the last one shot O.T. process.)

L. RON HUBBARD

LRH:BG

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